

UAP SKILLS MARATHON

EDII Bldg Ground Floor Start outside Classroom G137

THURSDAY AUGUST 10th open 10:00-2:00

FRIDAY AUGUST 11th open 7:00-11:00

You must arrive by 1:00 on Thursday or 10:00 on Friday

DROP IN BUT PLAN FOR 1 to 1½ HOURS TO COMPLETE ALL STATIONS
**UAP Appreciation will be happening at the marathon stop by we want
to say THANK YOU!**

CHECK OFF STATIONS <i>UAP must demonstrate competency</i>	LEARNING STATIONS <i>UAP will complete required training and questionnaire</i>
1. Patient Safety	10. Preventing pressure ulcers
2. Calculating % meal eaten	11. Respiratory station
3. EPIC Documentation	12. CAUTI
4. Specimen Collection: Blood Cultures, Phlebotomy, Urine Collection: Clean Catch and Foley	13. Progressive Mobility
5. Vital signs/Telemetry	
6. Fit testing for N95 mask	
7. Waived lab <ul style="list-style-type: none"> • Blood glucose • Coloscreen/Guiac • Urine dipstick 	
8. Joint Commission Readiness	
9. Restraints/Patient Observer	

TIPS FOR YOUR SUCCESS

1. **Relax** – it will improve your performance
2. **Prepare** – it will allow you to be more relaxed
3. **Perform well** – approach the activities like they are a real patient encounter:
 - introduce yourself
 - check patient ID using 2 identifiers (name and date of birth)
 - explain what you are doing
 - state when you would wash hands
4. **If assigned in My Compass complete annual assigned training modules prior to marathon** For My compass assistance call HR 501-686-5650. If Waived lab modules are not assigned use magnifying glass to search for the course numbers provided and complete the module to help you study.
5. **Demonstrate competence** – If the required task at check off station is not successfully completed, UAP will need to remediate, then check off again.
6. **Review Station Guide** for what you will be doing at the marathon, study guides and prep material
7. **Access Mosby's videos listed in station guide by: (Use a computer at work)**
 - a. Copy link to browser:
<http://inside.uams.edu/centerfornursingexcellence/>
 - b. Scroll down to Mosby's skills
 - c. Search for subject provided in station guide
 - d. Click on Demos

****The Mosby's videos are for a visual guide only. Follow UAMS policy's**
8. **Access Compliance 360 to review polices in station guide by: (Use a computer at work)**
 - a. On work computer click on Clinical Desktop Icon or on Intranet click Clinical Desktop
 - b. On top menu of Clinical Desk Top Select Policies
 - c. Select under Polices and Guidelines the link to All Updated Policies available
 - d. Select ALL UAMS Policies and Procedures
 - e. Search for policy titles and numbers provided in station guide

Station Guide

Station 1	Identify Patient Safety Hazards
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Required Prep:

Review Policies:

Patient Safety Events Policy Number: ML.1.06

Patient Identification Policy Number: PS.2.11

Fall Prevention Policy Number: NR.CP.1.208

Optional Prep:

View Mosby's Videos:

Fall Prevention

Station 2	Calculating Meal Percentage
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Required Prep:

Review Calculating Meal Percentages PDF

Optional Prep:

Review Additional Practice problems and documents

Important Note: Epic is updating in September so at the marathon your screen will look a little different. Epic trainers will be on hand to assist with navigation but flow sheet function and location will be the same.

Required Prep:**Review Online Training:**

1. Copy link into browser:
<http://inside.uams.edu/uconnect/training/tip-sheets/inp/>
2. Select Diet Documentation PCT
3. Select Documenting Daily Weights
4. What's new with SCD Documentation
5. Lab Collection

Blood Culture Collection/Phlebotomy

What You Will Do: Demonstrate on manikin correct collection of Blood Cultures and/or peripheral lab. Collect urine specimen from Foley Catheter. Instruct patient on how to collect a clean catch urine specimen. Answer Questions about all processes including labeling, order of draw, storage. You are expected to speak with the validator as if they were your patient.

Required Prep:

Review Specimen Collection Study Guide

Review Policies:

Obtaining Blood Cultures Policy Number: NR.CP.1.57

Blood Specimen Collection: Vacutainer Method Policy Number:
NR.CP.1.55

Obtaining and Labeling Patient Blood Policy Number:
NR.CP.1.146

Collection: Urine from Indwelling (Foley) Catheter Policy
Number: NR.CP.1.360

Specimen Collection: Timed Urine Specimen Policy Number:
NR.CP.1.359

Clean Catch Midstream Voided Specimen Policy Number:
NR.CP.1.48

Optional Prep:

View Mosby's Videos:

Blood Specimen Collection: Blood Cultures

Specimen Collection: Midstream (Clean-Voided) urine

Specimen Collection: Urine from Indwelling (Foley) Catheter

Station 5

Vital Signs/Telemetry

What You Will Do: Correctly obtain respiratory rate and achieve same results as station operator (± 2). Correctly obtain radial pulse and achieve same results as station operator (± 2). Correctly obtain a manual BP and achieve same results as station operator (± 4). **BRING A WATCH THAT COUNTS SECONDS!** UAP must be able to identify abnormal and normal vital signs. UAP must identify when and how nurse must be notified. UAP must demonstrate correct telemetry lead placement. UAP must answer questions about telemetry including transmission, battery changes, electrode site prep and changes.

Required Prep:

Review Vital Signs/Telemetry Study Guide

Review Policies:

Blood Pressure: Upper Extremity Policy Number: NR.CP.1.500

Assessment: Respirations Policy Number: NR.CP.1.256

Radial Pulse Policy Number: NR.CP.1.352

Cardiac Telemetry Monitoring Policy Number: NR.CP.1.21R

Optional Prep:

View Mosby's Videos:

Assessment: Respiration

Blood Pressure: Upper Extremity

-For Blood Pressure Watch One-Step Method

Radial Pulse

-Assessing Radial Pulse

Station 6	N95 Respirator Fit
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Required Prep:

Complete Module if assigned in My Compass if your fit test is not due you will be unable to get tested at the marathon check In-Site for N95 Fit test due date.

Station 7	Waived Lab: Urine Multistixs, Coloscreen/Guiac, PXP Glucometer
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What You Will Do: Perform Controls and/or skill for Urine Multistixs, Coloscreen/Guiac, PXP Glucometer. The UAP must correctly answer questions about POC (Control) testing, results, documentation, and nurse notification.

Required Prep:

Complete Assigned Modules (these will tell you everything you are expected to know). If not assigned search for modules using the course number in My Compass and complete:

- Waived Lab Online Module-PXP Blood Glucose Monitor Course Number: 3195
 - Waived Lab Online Module -Coloscreen/Guaiac Course Number: 3197
 - Waived Lab Online Module-Urine Dipstick Course Number: 3196
- For My compass assistance call HR 501-686-5650**

Review Policies:

Urine Dipstick Policy Number: NR.WL.2.4

Bedside Blood Glucose Monitoring Using Precision PXP Policy Number: NR.WL.2.1

Coloscreen – ES for Occult Blood Policy Number: NR.WL.2.3

Station 8	Joint Commission Readiness
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What You Will Do: Answer Questions about topics The Joint Commission will ask about.

Required Prep:

Review Joint Commission Study Guide

Station 9	Restraints/ Patient Observer
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What You Will Do: Answer Questions about restraints including as it relates to The Joint Commission. Identify prohibited items. Answer questions about expected role and documentation when being a patient observer.

Required Prep:

Review Joint Commission Study Guide

Review Policies:

Securing Patient Valuables Policy Number: A.9

Patient Observer: Inpatient and Emergency Department Policy Number: NR.AD.1.19 review checklist in policy

Restraint Observation Record Policy Number: NR.CP.3.7